



NEWS RELEASE

Telephone: (702) 229-6993

Billie M. Bastian, CPRP
Leisure Services Acting Director

Contact: Margaret Kurtz

October 2, 2008

FOR IMMEDIATE RELEASE

City of Las Vegas Department of Leisure Services December 2008

All activities are subject to change. List is not all-inclusive. Call centers near you for complete list of classes and activities. Most activities require advance registration. Fall Leisure Guide available online and at all centers. Centers will be closed December 25.

ADAPTIVE RECREATION ACTIVITIES

Trap Shooting

Thursday, December 4, 9 a.m. to noon. Advance reservation required.

Fee: \$20 per person

Las Vegas Gun Club, 9400 Tule Springs Road, (702) 645-5606.

Call Bob Murray at 229-4903 for reservations and information.

Division II Wheelchair Basketball Tournament (adults)

Saturday and Sunday, December 6-7, 8:30 a.m. to 5 p.m. Saturday; 8:30 a.m. to 1 p.m. Sunday

Fee: \$350 per team, no cost for spectators. Register by November 15.

UNLV McDermott Physical Education Building, South Gym, 4505 S. Maryland Parkway.

Annual Holiday Dance (ages 13+)

Saturday, December 13, 7-10 p.m. Reservation required by Dec. 5.

Fee: \$20 per person (cash or check only).

Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

Food and music will be included. Call Jennifer Winder at 229-5177 for information and reservations.

Holiday Golf Tournament (ages 12-adult)

Friday, December 19, 2 p.m. Advance reservation required.

Fee: \$40 per person, includes golf round, cart rental and range card.

Las Vegas Golf Club, 4300 W. Washington Ave., (702) 646-3003.

Four-person teams, 9-hole shotgun start. Call Bob Murray at 229-4903 for information and reservations. Awards will be given for first, second and third place.

Lorenzi Adaptive Recreation Center Fall Program (ages 7-21)

Monday through Friday, 1 to 6 p.m., through December 19. Closed holidays.

Fee: \$27 for 1 to 3 days; \$36 for 4 days; \$45 for 5 days.

Lorenzi Adaptive Recreation Center, 3339 W. Washington Ave., (702) 229-6358 or 229-4905.

Participants will enjoy a new recreation experience every week, including community outings, sports, games, arts, crafts, movies, swimming, friends and all-around good fun.

-more-

Therapeutic Yoga (ages 8-18)

Fee: \$3

Chuck Minker Sports Complex, 275 N. Mojave Road, (702) 229-6563.

Call Bernard Preston at (702) 229-4904 for information. Participants are introduced to the fundamentals of yoga. Classes are designed to strengthen the core muscles and teach breathing exercises and relaxation techniques to improve concentration and reduce hyperactivity. Days and times to be determined.

Project D.I.R.T. Basic Paddling Skills

Project D.I.R.T. (Developing Interests in Risk Taking) offers people of all abilities the opportunity to explore alternative recreation and outdoor adventure experiences. Call 229-4796 for dates and times.

Wheelchair Sports

Participate in basketball, tennis, fitness, softball, football, quad rugby, and over-the-line. For information, call Bob Murray at (702) 229-4903 or Jonathan Foster at (702) 229-4796.

Adult Wheelchair Basketball (ages 18+)

Tuesdays and Thursdays, 5:30 to 8 p.m.

Fee: \$30 per session

John C. Fremont Middle School Gymnasium, 1100 E. St. Louis Ave., (702) 229-1710.

The NWBA Division II Las Vegas Silver Bandits wheelchair basketball team is looking for new athletes. Call Jonathan Foster at (702) 229-4796 for information and to participate.

BlazeSports Clubs of Las Vegas (ages 5-18)

Wednesdays, 6 to 8 p.m.

Garside Middle School Gymnasium, 300 S. Torrey Pines Dr., (702) 229-4796.

This free sports program for children and adults with disabilities offers sports training and competitions. Focus is on wheelchair basketball, wheelchair tennis, swimming and track and field. Educational sessions introduce new sports and exciting activities. All equipment needed to participate is provided, including the all-court sport wheelchairs. Appropriate for novices and elite athletes alike.

Free Youth Wheelchair Basketball (ages 5-18)

Thursdays, 6 to 8 p.m.

John C. Fremont Middle School Gymnasium, 1100 E. St. Louis Ave., (702) 229-1710.

Sport wheelchairs and basketball provided. For information and registration, contact Jonathan Foster at (702) 229-4796.

New A.G.E. Program (age 22+)

Monday through Friday, 1:30 to 5:30 p.m.

Fee: \$35 for 5 days; \$28 for 4 days; \$21 for 1 to 3 days.

Twin Lakes Adaptive Recreation Center, 3333 West Washington Ave., (702) 229-5177.

An "after-work" recreation program for adults with developmental disabilities that offers varied activities and special events that promote individuality, self-esteem and independence.

F.L.O.A.T. (ages 3-adult)

Forming Leisure Opportunities using Aquatic Techniques is an adaptive aquatics program for people with and without disabilities. One-on-one swimming lessons are held at Pavilion Center Pool and Municipal Pool for ages 3 to adult, priced at \$100 for six 30-minute lessons. Call for dates and times (702) 229-1710.

-more-

G.O.L.F. – Golf Offers Lifetime Fun (ages 12-adult)

Individuals of all abilities can sign up for golf lessons and tournaments. Single-rider golf carts are available. Equipment is provided for lessons. All activities take place at the Las Vegas Golf Club. For information, call Robert Murray at (702) 229-4903 or e-mail to rmurray@lasvegasnevada.gov.

Wheelchair Rugby/Quad Rugby Open Practice (adults)

Fridays, 5:45 to 7:45 p.m.

Fee: \$30 per session

Chuck Minker Sports Complex, 275 N. Mojave Road, (702) 229-6563.

The U.S. Quad Rugby Association Division III Sin City Skulls quad rugby team is looking for athletes. Call Bob Murray at (702) 229-4903 for information.

Power Wheelchair Sports (ages 5-adult)

Power wheelchair users participate in a variety of sports and activities, including power soccer, power hockey, bocce and T-ball. No scooters permitted. For information, call Rebecca Allen at 229-1710.

R.E.P. Recreation Enrichment Program (teens)

This structured leisure time skill-building program is designed to help teens with or without disabilities become more involved in social and community settings. Group activities include bowling parties, dinner and movie outings, trips to Adventuredome and volunteering in the community. Call (702) 229-6358 for information.

Heading On

Heading On is designed to provide individuals with a traumatic brain injury with leisure awareness, social interaction skills, leisure resources and leisure activity skills during and/or after clinical rehabilitation. Please call Cassie Jemison at (702) 229-6358 to be placed on the mailing list.

Free S.P.A.R.K. – Social Play and Respite for Kids (ages 3-8 with special needs)

Saturdays mornings. Advance registration required.

Twin Lakes Adaptive Recreation Center, 3333 W. Washington Ave., (702) 229-4904.

This free respite program for children with special needs provides a fun and safe environment for arts and crafts, games and outdoor play. Call Rebecca Allen at (702) 229-1710 for information.

Leisure Connection (adults 22+ with developmental disabilities)

This social group for high-functioning adults with developmental disabilities provides recreational activities that promote socialization and independence in the community. Activities include bowling, movies, sports events, lunch/dinner outings and leisure education classes. Call (702) 229-5177 to be placed on the activity schedule mailing list.

Outreach

For information on the following adaptive recreation opportunities and programs, please call (702) 229-4900.

Disability Awareness/Sensitivity Training – for your organization.

Informational and Educational Presentations – for your organization or agency.

Lifetime Sports – Archery and disc golf lessons and Junior Olympic Development Program.

Adaptive Recreation Resources Consultation – If you are in need of adaptive recreation resources for your or a family member, please call to schedule an appointment.

-end-